



Elevate your culinary experience and support your well-being with the Click and Grow Smart Garden Refill 3-pack - Garden Sage. This sophisticated and practical garden refill lets you grow fresh sage year-round in the comfort of your home.

- Boosts cognitive function and enhances memory
- It aids in digestion and offers therapeutic benefits
- Straightforward to grow with no additional tools required
- Ideal for gastronomes looking to add a gourmet touch
- Grows perfectly in indoor conditions

Boosts Cognitive Function and Enhances Memory

Dating back to the 1500s, sage is more than just a culinary herb; it's a companion for your mind. Studies show that including sage in your diet can sharpen your memory and cognitive abilities, akin to the stimulating effects of caffeine.

Aids in Digestion and Offers Therapeutic Benefits

Sage is not only renowned for its rich flavour but also for its digestive properties. It has been traditionally used as a remedy for various digestive disturbances, aligning your wellness with your love for gardening.

Straightforward to Grow with No Additional Tools Required

With the Click and Grow indoor garden, cultivating sage becomes effortless. You don't need a green thumb or fancy equipment; insert the pods into your garden and watch the sage thrive in its self-sufficient habitat.

Ideal for Gastronomes Looking to Add a Gourmet Touch

Transform your dishes with a sprinkle of home-grown sage. Whether fresh or dried, the herb infuses a flavour into any recipe, making it an indispensable addition for any home chef seeking to elevate their culinary creations.

Grows Perfectly in Indoor Conditions

Your Smart Garden ensures that sage grows optimally, with a preferred temperature range of 18°C to 30°C. Watch as your plant sprouts in 7-14 days and readies for harvesting in 5-12 weeks, all year long, regardless of the outdoor climate.

Package Includes

- Click and Grow Smart Garden Refill 3-pack - Garden Sage

Product Specifications

- Biological Name: *Salvia officinalis*
- Edibility: Edible culinary herb
- Sprouting Time: 7 - 14 days
- Harvest Time: 5 - 12 weeks
- Optimal Growth Temperature: 18°C - 30°C

SPECIFICATIONS

Carton: 1/8
Item ID: SGR7X3
EAN: 4742793007328
Size: 54 x 205 x 86 mm
Weight: 34 g

Recommended price

149 SEK